

# **CURRICULUM VITAE OF**

**DR. ROBERT KALDAWI**

**(Ph. D., Biochemistry; BSC. (Hons IIA), MRACI, C. Chem.)**

## **BIOSKETCH / SUMMARY**

Having completed his Baccalaureate (International / Experimental Sciences), Robert and his family emigrated to Australia in 1977. After receiving an exemption certificate, Robert enrolled in Bio-Medical Sciences Faculty at Monash University.

Robert completed a Bachelor of Biochemical Sciences with Honours (IIA) at Monash University and then continued on to, Masters and then a Doctorate in Biochemistry at the same Campus (**Attachment 35**).

Following his graduation in 1985, Robert began his career working in the Pharmaceutical Industry, Development Chemistry (Ethical / OTC), Bio-Medical Applications and Research in Vascular Prosthesis / Implantable Devices.

In 1989, Robert founded the Academy of Health Education of Victoria ([Ahev.com](http://Ahev.com)). He became accredited by the Victorian State Department of Human Services as a **Clinical Assessor / Supervisor** in the Victorian Accredited Driver Education program or VADEP. Subsequently, the Academy of Health Education of Victoria sought and succeeded in its listing as an **Out-Patient Alcohol and Drug Treatment Service as per the Alcohol-Drug Dependent Person Act (ADDP)**. Accordingly, Robert began his career as a counsellor in the field of Alcohol and Other Drugs. His work at that time focussed on VADEP clients who needed further assessment for feasibility of treatment (**Attachment 27**).

Subsequently, Robert began **Out-Patient Drug (Cannabis) Awareness / Rehabilitation Programs**. He collaborated with relevant Hospitals, and other Specialist Agencies, such as St Vincent's and Warburton Hospitals (Chemical Dependency Unit), Moreland Hall, Pleasant View, Clinical Advisory and Direct Line. Robert worked for **DHS-FUNDED** Community Health Centres such as WesternPort Drugs and Alcohol Services (WDAS), Maroondah Social Health Services, Essendon Hospital, Essendon Community Group, Endeavour Hills, Doveton / Hallam and Central Bayside Community Health Services / Hospital (CBCHS) (**Attachments 27, 28**).

Once successful in this sector, Robert researched extensively the **Science of Addiction**, its multifactorial components incorporating both Nature and Nurture, namely, the Bio-Psycho-Social Model of AOD addiction.

As a Biochemist / Scientist by definition, Robert decided to compliment his knowledge with Postgraduate studies and research into **Behavioural and Psychological Sciences**, both as Therapist and Counsellor. Accordingly, he enrolled at Cairnmillar institute and the Monash Clinical Department of Community Medicine where he graduated with Certificates in Advanced Counselling and Clinical Meditation-Based Life Style Practitioner / Counsellor

(Train the Trainer in Mindfulness / Presence of Mind). Throughout this process, Robert was trained into **Adult Education** (Principles and Strategies), Life Coaching, NLP and Hypnosis (as a Science) (**Attachments 22, 36**).

Robert's creativity enabled him to design and develop numerous **Educational Tools and Resources** spanning the AOD field, including, *'About a Drug Called Alcohol'* (Video and Booklet), *Are You Over .05?* (Pamphlet and Poster), *Genetic Predisposition to Alcoholism* (Booklet), *Meditation-Based Stress Management* (Booklet), *Know Your Limit* (DVD) and App (**Attachment 16**).

Having developed a **passionate drive** towards AOD awareness, Robert began a campaign to change the way Australians view 'Alcohol' by **funding** an awareness campaign through the media. Arguably, he instigated and inspired an irreversible and steady momentum towards a positive Behavioural / Cultural change in the AOD sector (**Attachment 29**).

As a result of Robert's self-funded community efforts, he was **nominated** in 2011 for *'Australian of the Year'* award by Professor Jon Currie, then Head of Addiction Medicine at St Vincent's Hospital (**Attachment 23**).

Given his expertise in the field of Drink and Drug Driver Rehabilitation and Treatment, Robert also possesses an extensive legal background within the field of Drink/**Drug Driver Relicensing and Expert Court Assessment / Reports**.

Over the length of his career, Robert would have come across **many thousands** of Program Participants / cases who presented with varying degrees of vulnerability to **Alcohol and, or Drugs**. Significantly, Program Participation included those with **Multiple Diagnosis**, AOD Dependence and Mental Health Issues. Consequently, Robert possesses Calming Skills, especially in stressful conflict and is **proficient at distinguishing symptoms and signs of AOD use**. From this perspective, Robert is proficient at identifying challenged individuals or those who present agitated and, or depict signs of aggression or dangerous behaviours.

Robert's **intuitive counselling and communication skills** were synergistic towards his role as mediator and business manager. Moreover, his **Multicultural** background allowed him to apply an authentic and open-minded approach across communities from all cultures and denominations. Hence, he was known for his **non-discriminatory / non-prejudicial nature**.

Due to major changes to Drug / Drink Drive Relicensing Laws, Robert's received Full Approval as Provider / Facilitator and Provisional Supervisor of VicRoads' Behaviour Change Program (BCP). Throughout this process, Robert received further extensive training in intensive Motivational Interviewing Methodologies and ICE / Methamphetamine Clinical Skills.

## **PERSONAL INFORMATION**

Full Name: Robert Kaldawi

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Current Position: Founding Director, Academy of Health Education of Victoria P/L

Fluent Languages: English, French and Arabic

## **PROFESSIONAL MEMBERSHIPS**

Member of the Alcohol Related Brain Injury Association (ARBIAS).

Member of the Australian Brain Foundation (**Attachment 5**).

Member of the Australian Professional Society on Alcohol and Drugs (APSAD).

Member of Alcohol & Other Drugs Council of Australia (**Attachment 2**).

Member of the Whole Health Institute

Member of Royal Australian Chemical Institute (**Attachment 38**).

## **ACADEMIC QUALIFICATIONS**

1977: Baccalaureate - Experimental Sciences (Medical)

1978 - 1981: Bachelor of Science, Monash University, Undergraduate Subjects:

*Biomedical & Behavioural Sciences, Biochemistry, Physiology, Microbiology, Immunology, Genetics, Pharmacology & Neurosciences.*

1981 - 1982 Honours (II - A), Biochemistry (Endocrinology), Monash University (**Attachment 6**).

1982 - 1985 Ph.D, Biochemistry (Endocrinology), Monash University (**Attachment 35**).

*'Addiction on a molecular level, from drug-receptor binding right through to releasing a signal for Brain Release of Neurotransmitters or other Systemic Responses have been studied in great depth. The phenomenon of 'Tolerance' as a core component for addiction in the brain has been outlined in full. Alongside*

*these topics, genetic basis for predisposition to addictive behaviour have been researched over the years in terms of a DopamineD2-Receptor Gene on Chromosome 11. This was further complemented and explained **phenotypically** through an additional Psycho-Social (Nurture) factors which play a major role in extenuating **or** diminishing a Genetic-Predisposition. Signs and Symptoms of Withdrawal Syndrome including Treatment Therapies (Pharmacological or Cold Turkey) have been researched and studied throughout Robert's career.'*

### **POST GRADUATE COURSES / CERTIFICATES**

Understanding CBT, 360edge (2021).

The Brain Workshop 360edge (2021).

Rethinking Addiction, Turning Point, (2020)

Advanced AOD Forensics Alcohol and Drug Training, Caraniche, (2020)

NCETA Program, Flinders Uni. Vic. Govt. 'Ice' / Methamphetamines Action Plan (2020) **(Attachment 31)**.

Practical Guide for Clinicians / Frontline Workers & Family of those with Substance Use Problems, Turning Point, SHARC & Vic. State Govt (2020)

Proficient Supervision Workshop (Super Skills for Supervisors; 360edge, 2020) **(Attachment 41)**

Supervision 'Motivational Interviewing Approach', VicRoads (2019)

Intensive Motivational Interviewing Training for Supervisors' VicRoads (2019)

Professional MI Training Certificate, Southern Dual Diagnosis, Melb. (2017) **(Attachment 30)**

Diploma of Hypnosis (NLP), The Tad James Co, Melbourne (2016) **(Attachment 22)**.

Clinical Train The Trainer: Meditation-Based Stress Management Program for Professionals, Monash University, Community Medicine (1997) **(Attachment 14)**.

Drink, Drugs & Doctors, Clinical School, Endorsed by the RACGP Quality Assurance and Continuing Education Program (1995) **(Attachment 17)**.

Advanced Counselling / Psychotherapy Skills, The Cairnmillar Institute (1993) **(Attachment 36)**.

Train the Trainer: Modules I & II, Business Education Centre, Council of Adult Education (1992) (**Attachment 50**).

Stress Management Workshop, Hawthorn Institute of Education (1991) (**Attachment 49**).

Accredited Assessor / Program Leader, Victorian Accredited Drink - Drug Driver Program (VADEP), State Department of Human Services (1989) (**Attachment 13**).

### **SUMMARY JOB EXPERIENCE**

#### **2019 - Current: BCP SUPERVISOR / FACILITATOR**

Academy of Health Education of Victoria P/L, [05.com.au](http://05.com.au), VicRoads-approved program for Relicensing Drink - Drug Driving Offenders in Victoria.

#### **1990 - Current: FOUNDING CLINICAL AND EXECUTIVE DIRECTOR**

Academy of Health Education of Victoria P/L (AHEV), [www.ahev.com](http://www.ahev.com). This private company has the mission to improve quality of life through health and lifestyle education and body and mind integration. Dr. Kaldawi's and his staff's caring approach provided support and comfort to all those seeking assistance in their health struggle. Dr. Kaldawi has focussed his entire career on the 'Science of Addiction' incorporating all its complexities and Multi-Factorial Nature and Characteristics.

#### **1990 - 2019: VICTORIAN ACCREDITED DRIVER EDUCATION PROGRAM LEADER / CLINICAL SUPERVISOR**

Academy of Health Education of Victoria P/L, [05.com.au](http://05.com.au), Program Leader and Clinical Supervisor accredited by the Victoria Department of Human Services (DHS, VADEP 92/003) for assessing and rehabilitating Drink / Drug Drive Offenders. **MAST & AUDIT Psych Evaluation** were applied and reported to the relevant Magistrates Court in order to judge an individual's suitability for relicensing. Throughout Robert's career, he came across **many thousands** of clients with challenges spanning Mental Health, Alcohol and / or Other Drugs. Accordingly, he adopts a calming style especially in confronting and, or 'crisis' situations to minimise risks all around. It is worth noting that Robert learnt a variety of skills and reactive measures which have been extremely useful across his career. Significantly, such skills have been shown to be vital whenever managing drug-impaired clients who may either be withdrawing, aggressive / agitated by short term effects of Stimulants or other Alcohol / Drugs). As both an agency and a Clinician, we developed an extremely effective and collaborative network of referrals of '**episodes of care**' to corresponding agencies that are specialised in their own respective AOD field (**Attachments 8, 13, 33, 39**).

### **1990 - Current: LISTING / RECOGNITION UNDER ALCOHOL & DRUG-DEPENDENT PERSONS ACT (ADDP)**

As Head and Founder, Dr. Kaldawi established legally the Academy of Health Education of Victoria as an **Out-Patient Service Provider under the ADDP (act)**. This was a turning point for Dr. Kaldawi as he began to run such services for both individuals and groups and conducting **General Drug Awareness / Cannabis Rehabilitation Programs** across Victoria. Consequently, Dr. Kaldawi used the organisation's website (ahev.com) to promote Alcohol and Drug Awareness thereby posting online a **DHS-approved Drugs and Their effects Guide**. All drugs were included, namely Stimulants, Depressants and Hallucinogens (**Attachment 27**).

### **2011 - Current: DESIGN & LAUNCH OF AUSTRALIAN STANDARDS CERTIFIED BREATHALYSERS (AS 3547)**

Academy of Health Education of Victoria P/L (AHEV), [www.ahev.com](http://www.ahev.com). Personal Breathalysers validated scientifically and reliable practically for the purposes of a screening assessment of a person's Blood Alcohol Concentration or BAC, used as a GUIDE only (**Attachment 37**)

### **2014 - Current: DESIGN & LAUNCH OF KNOW YOUR LIMIT APP (IPHONE AND ANDROID)**

Academy of Health Education of Victoria P/L (AHEV), [www.ahev.com](http://www.ahev.com). **An APP personally designed and funded by Dr. Robert Kaldawi to assess a person's influence under alcohol, drugs or fatigue.** Individual Motor skills are assessed digitally bypassing limitations of biochemical marker technologies. Given that modern synthetic (designer) drugs are becoming increasingly potent and harder to detect, in such circumstances, drug impairment / signs and symptoms can only rely on practical skills' testing methods. This can be carried out on Road Side (Walking Test) or by way of use of Digital Technology. This APP was designed to assess an individual's reflex **Control** parameters (whilst drug-free) which are then stored in the memory and **Paired** with the same person's results whilst affected by Alcohol, other Drugs or even Fatigue. This app is the **FIRST** worldwide capable of providing such specific analysis of an **individual's reflexes whilst considering health, age, body size, shape, gender, or tolerance factors.** The APP also contains a Guide for Estimating BAC, Vulnerability Assessment, Health warnings and other facts about Alcohol, Drugs or Fatigue. Significantly, a validated Drug-Dependence Assessment Quiz is also included for those wanting a **confidential assessment** in the privacy of their own personal space (**Attachment 25 / <https://apps.apple.com/au/app/know-your-limit/id914767754>**)

### **2010 - Current: DESIGN & LAUNCH OF KNOW YOUR LIMIT KIT**

Academy of Health Education of Victoria P/L (AHEV), [www.ahev.com](http://www.ahev.com). [05.com.au](http://05.com.au). This kit is designed to educate Australians about the effect of Alcohol on BAC. It comprises: **i.** An educational DVD, **ii.** A .05 Blood Alcohol Estimation/

Scientific Guide, **iii**. A Standard Drink Measure and **iv**. A Smart Breathalyser. The kit became one of the **National Catalogue of Resources by the Australian Drug Foundation (Attachments 16, 24)**.

**1995 - Current: DESIGN & LAUNCH OF ABOUT A DRUG CALLED ALCOHOL (AADCA)**

Academy of Health Education of Victoria P/L (AHEV), [www.ahev.com.05.com.au](http://www.ahev.com.05.com.au). Produced and **funded by AHEV's Director, Dr. Kaldawi**, AADCA is a video and booklet that explains in details the short and long term pathology of alcohol's effects, highlighting the phenomenon of 'Tolerance' and 'Blackouts' (**Attachments 3, 4, 7**).

**2005 – 2006: ALCOHOL PROJECT MANAGER AT CENTRAL BAYSIDE COMMUNITY HEALTH SERVICES (CBCHS)**

A project funded by the Alcohol Education and Rehabilitation Fund, Dr. Kaldawi tailored an alcohol awareness program specifically for **Industry**. A report was produced and distributed amongst all stake holders (**Attachments 7, 29**).

**2000-2005: ROAD SAFETY COMMUNITY MEMBER (BAYSIDE)**

Throughout provision of AOD consultancy, Robert was also a contributing member of **Road Safety Committee** (Bayside) which included as members representatives from **VicRoads and the Police (Attachment 46)**.

**2000-2005: PROGRAM LEADER - VICROADS LOOKING AFTER OUR MATE**

The Looking After Our Mate Program (LAOM) was a **VicRoads'** short educational program for both Learner and Probationary Drivers (**Attachment 46**).

**2004 – 2006: CONSULTANT PROFESSIONAL DEVELOPMENT SEMINARS**

PD Presenter for Podbury Consulting.

**1989 – 1990: RESEARCH SCIENTIST / CLINICAL BIOCHEMISTRY**

Working as a Research Scientist at the Alfred Hospital / Baker Institute under Dr. Conyers (Head of Pathology) and Mr. Don Esmore (Head of heart Transplant Unit) (**Attachment 40**).

**1987 – 1989: INSTITUTE OF DRUG TECHNOLOGY (IDT) AND NICHOLAS KIWI CENTRAL LABORATORY (NKCL)**

Working as in Research and Development / Formulation Bio-Chemist, in pharmaceuticals (Ethical and OTC). Other projects included Clinical Trials and Good Manufacturing Practice. Some work resulted in Dr. Robert Kaldawi being named as an inventor in an Ibuprofen Liquid Formulation Patent (**Attachment 34**).

**1986 – 1987: AYERST LABS, MEDICAL AND MARKETING CONSULTANT**

Working as scientific advisor to General Practitioners on up-to-date clinical



research concerning various treatments therapies (and side effects) ranging from Cardiac, Hormonal right through to **Anxiolytic Medication**.

**1985 – 1986: BIO-NOVA / CORDIS BIO-SYNTHETICS, PRINCIPAL SCIENTIST**

Managing the *in-vitro* laboratory and conducting Quality Assurance Testing and scientific research on vascular grafts and other prosthetic / implantable devices.

**1985 - 2000: AOD PROGRAM FACILITATOR / GENERAL COUNSELLING**

Soon after graduating, Dr. Kaldawi began working part-time for numerous **DHS-Funded** Community Health centres conducting / facilitating AOD programs. This also included assessing individuals feasibility of referral to further treatment for AOD issues. The organisations that Dr. Kaldawi worked for through the first few years included: **Westernport Drugs and Alcohol Services (WDAS), Doveton-Hallam Community Health Centre, East Ringwood (Maroondah) Social Health Services, Endeavour Hills Community Centre, Essendon Town Hall (Essendon Community Group ECG) and others (Attachment 28).**

**1985 - 2010: CONSULTANT PD / SEMINAR PRESENTER (AOD)**

Working as a consultant Program Development and Seminar Presenter, Dr. Kaldawi was invited to present numerous Educational and Training (Train The Trainer) Seminars across numerous domains and agencies that involve the AOD field. These included: i. **Legal Aspects** of Relicensing Drink / Drug Driving Offenders in terms of Guidelines for Assessment, Reporting and Treatment (Registrars Conference, Office of Corrections), **Diagnosing Nature** of an AOD Disorder (GP's Division of Medical Practice), **Consultant Speaker / Presenter** (VAADA / VAADS, Pleasant View, Drug Services Victoria, DHS, Warburton Hospital, Moreland Hall and more) and Education and Awareness talks to various non-for-profit groups (Lions, Rotary, Apex) (**Attachments 9, 12, 20, 21, 26, 43, 45**).

**CAREER HIGHLIGHTS IN ALCOHOL AND OTHER DRUGS**

I would like to describe my experience in this field **first** through Facts and Definitions. **As reported by Turning Point**, 26% of 'Frontline' workers do not have a degree whilst 46 % have a formal degree of Bachelor or more. Thus, success in an AOD career **cannot be isolated** to a specific discipline or expertise. It is not a career that is founded on one discipline alone. Whilst Psychologists form the largest percentage of AOD Practitioners, Psychology alone is arguably not the one and only successful approach in rehabilitating and, or treating affected individuals. Similarly, other disciplines who form a significant sector include Biomedical Practitioners, such as Medicos (includes Nursing) and allied fields. Other essential disciplines that contribute significantly towards rehabilitating substance abusers are contained within the legal / police /

Correction Services. Moreover, Cultural influencers / workers form too a major component in education and rehabilitation, especially amongst **Traditional Owners of the Land, or Australians coming from Europe or Asia.**

Strategies used in this field, are based on Behaviour Change (Educational, Motivational Interviewing) and Harm Minimisation / Prevention. Other sectors adopt the "Abstinence" approach in seeking and maintaining a drug-free lifestyle.

Various intervention strategies have been used as methodologies to access and treat vulnerable individuals, such as Health Checks (GP's) or Legal (Drink / Drug Driving or related offences).

However, as is the case with other disciplines, frontline workers who achieve the highest success rates are those that **love** their work and have a **passionate drive** towards achieving 'satisfactory results'. Ironically, such a persona represents a synergistic result (**with Neurotransmitters-Mediated Biochemically-Positive Brian Effects**) thereby enabling resilience and avoiding 'burnout' (a common feature amongst frontline workers).

Other **Personal characteristics (be they learnt or gifted)** such as respect, no-prejudice or stereotyping, calm (especially in conflict situations) and caring, also rate amongst the highest enablers for positive change in the AOD field.

Thus, it can be argued that there is NO one discipline that can be awarded total success in treating and, or rehabilitating affected individuals. Accordingly, Addiction has been defined as **Multi-Factorial** both in nature and characteristics thereby incorporating **Bio-Psycho-Social** factors and more. Consequently, the best discipline for optimum results in the AOD sector **ought to consist of a melange** of the above-mentioned characteristics and qualifications. The term '**Cognate Discipline**' (**Multi-Disciplinary Qualifications and Experience**) has been effectively used to describe such expertise which is often attributed to those with the most '**LIVED EXPERIENCE**' in the AOD sector.

Having worked as an 'Assessor' in the field of Drink / Drug - Drive Offenders over 35 years, I would have come across many thousands of clients through the course of my career. These clients **ranged from recreational users to fully dependent on AOD.** Additionally, a significant number suffered **pre-existing mental health challenges, and, or dual diagnostic considerations.**

Consequently, it was necessary to adopt a calming style especially in confronting and, or 'crisis' situations to minimise the risk(s) all around. As a 'Clinical Frontline Worker', I found that such skills are crucial right across the AOD sector, including managing drug-impaired / intoxicated clients and those who may be withdrawing or suffering the short term effects of Ice / Methamphetamines or other drug use.

Given the above challenges, both as a worker and an agency, we developed an extremely effective and collaborative network of referrals of 'episodes of care' to corresponding agencies specialised in their own respective AOD field. It is from this perspective that I would like to describe in some detail my qualifications, experience and strength of character that, in my personal opinion, has enabled me to yield significant achievement across different aspects of the AOD field. I would like to list these (with corresponding attachments) as follows.

### **A. Medical Community Achievements and Personal Training**

Design and Development of the Know Your Limit app (iPhone & Android) to evaluate an individual's personal vulnerability to alcohol, drugs and fatigue, especially with respect to driving performance (2015). <https://apps.apple.com/au/app/know-your-limit/id914767754>

2010: Launch of a Pocket Size Alcohol Education Fold-up Pamphlet to help **ALL** alcohol consumers estimate their Blood Alcohol Concentration (BAC) (**Attachment 16**).

2007: The Disease Concept and Alcoholism. A three - hour training program for General Practitioners (**Attachment 21**).

2006: Release of an Educational Booklet entitled Meditation – Based Stress Management Program (**Attachment 14**).

2005: Release of an Educational Booklet entitled Genetic Predisposition and Alcoholism (**Attachment 14**).

2003: Production and Launch of 'Know Your Limit' DVD and booklet at Victorian Health Promotion Foundation (**Attachment 24**).

1995: Production and Launch of 'About A Drug Called Alcohol', DVD and booklet (**Attachments 3**).

1993: 'Genetic Predisposition and Alcoholism' Lecture at VAADA - CETAS Summer School (**Attachments 43, 44**).

1992: Debate on Disease Concept of Alcoholism, Pleasant View (**Attachment 19**).

1991: Lecture 'Effects of Alcohol', Healthier Living Show

1990: Lecture, Alcohol Addiction and Cerebral Pathology, Drug Services Victoria (**Attachment 19**).

### **B. Psychological Community Achievements and Personal Training**

1990: Full Accreditation by the Department of Human Services VADEP (92/003), Drink- Driver Education, Assessments and Licence Restoration (**Attachment 13**).

1993: AHEV's Listing with the Victorian Department of Health and Community Services, in accordance with section 8A of the Alcoholics and Drug Dependent Persons Act (ADDP, 1968), as an out-patient alcohol and drug treatment agency (**Attachment 27**).

### **C. Legal Community Achievements and Training**

1990: Designing a chart of the legislative relicensing requirements for drink / drug driving offenders in Victoria; approved by VicRoads (Ms. Jan Lyttle) and used by Police and judiciary

### **D. Cultural Community Achievements and Training**

2007: Interviews with SBS and 3AW on Alcohol, Drink Driving and Smoking Cessation Programs (**Attachments 11, 29**).

### **E. Industry Harm Minimisation, Prevention, Education and Awareness**

2000: Provision of Alcohol and Drug Awareness Programs for Industry (**Attachments 29, 47, 48**).

1995: Responsible Serving of Alcohol Courses, specific for the hospitality industry (accredited by the Liquor Licensing Commission) (**Attachment 29**).

### **F. Passionate Drive / Cultural Advocacy / Community Networking**

2010: Campaign launch on Alcohol and Road Safety, 1995, supported by the Australian Hotels Association and the local Police (**Attachment 46**).

1997: Cannabis Rehabilitation Victoria and Free Call Drink Drive Hotline.

1994: Contributing towards 'Youth off the streets campaign, Father O'Reilly.

**1990 - Current: Developing [05.com.au](http://05.com.au), [ahev.com](http://ahev.com), [buybreathalyser.com.au](http://buybreathalyser.com.au), [interlockforcar.com.au](http://interlockforcar.com.au), [Kaldawi.com](http://Kaldawi.com), [Arippleinthepond.com.au](http://Arippleinthepond.com.au).**

### **G. Awards**

2011, *AUSTRALIAN OF THE YEAR AWARDS*, Nominated by Prof. Jon Currie, Head of Addiction Medicine at St. Vincent's Hospital in Melbourne (**Attachment 32**).

### **H. Media Campaigns**

2011, *RADIO CAMPAIGN ON ALCOHOL AWARENESS*, An alcohol awareness campaign created and funded by Dr. Robert Kaldawi with highly piercing slogans such as: '*IF YOU BINGE DRINK YOUR BRAIN WILL SHRINK*', and, '*.05*,

*WHETHER OR NOT YOU DRIVE' (Attachments 18, 42).*

2005: Media campaigns designed to increase alcohol awareness in the community (**Attachments 10, 18**)

2000: Features of AHEV's Drink Drive Awareness programs on 'Melbourne Extra' Channel 9, 'A Current Affair' Channel 9, and 'Today Tonight Channel.

**PUBLICATIONS**

- Kaldawi, R.E., Know Your Limit, Educational Video (14 minutes), Mudpuppy Productions, Academy of Health Education Victoria, Melbourne, Copyright 2003.
- Kaldawi, R.E., Design and Production of the Website: [www.ahev.com](http://www.ahev.com); Academy of Health Education Victoria, Melbourne, Copyright 2002.
- Kaldawi, R.E., Design and Production of the Website: [www.05.com.au](http://www.05.com.au); Academy of Health Education Victoria, Melbourne, Copyright 2002.
- Kaldawi, R.E., Genetic predisposition and Alcoholism, Educational Pamphlet, Academy of Health Education Victoria, Melbourne, Copyright 1999.
- Kaldawi, R.E., Meditation Based Stress Management Program, Educational Booklet, Academy of Health Education Victoria, Melbourne, Copyright 1998.
- Kaldawi, R.E., Evaluation of the effectiveness of an alcohol education session for schools, Academy of Health Education Victoria, Melbourne, 1996 (Attachment 20, 40).
- Kaldawi, R.E., About A Drug Called Alcohol, Educational Video (15 minutes), Spartan Productions, Academy of Health Education Victoria, Melbourne, Copyright 1995.
- Kaldawi, R.E., About A Drug Called Alcohol, Educational Booklet, Academy of Health Education Victoria, Melbourne, Copyright 1995.
- Kaldawi, R.E., Symposium: About A Drug Called Alcohol, The Winter in the Sun Conference, Brisbane Convention & Exhibition Centre, 1995.
- Kaldawi, R.E., Lecture Presentation: on Control of Alcohol /Substance Abuse in The Workplace, FAI Workers Compensation, 1995.

- Kaldawi, R.E., Lecture Presentation: Developing a Smoke-Free Workplace Policy, FAI Workers Compensation, 1995.
- Kaldawi, R.E. and Pead, J., Debate: Disease Model vs Psychosocial Model of Alcoholism, Drugs Services Victoria, (also available on video), Copyright 1995.
- Kaldawi, R.E., Lecture Presentation: Alcohol Addiction and Cerebral Pathology, Drug Services Victoria, December, 1992. 14.Kaldawi, R.E., Guidelines for Relicensing Drink-Driving Offenders in Victoria, Academy of Health Education Victoria, Melbourne, Copyright 1996 (**Attachment 19**).
- Kaldawi, R.E., Gregory, S. P., Jozsa, A.J., The unpleasant taste of water-soluble ibuprofen salts in aqueous solution is masked by incorporating in the solution a taste-masking amount of an alkali metal bicarbonate, alkali metal mono-hydrogen phosphate or alkali metal tribasic citrate. Preferably, the taste-masking compound is an alkali metal bicarbonate, especially sodium bicarbonate, Nicholas Kiwi Pty Ltd. (Victoria, AU), Patent Publication Date November 16, 1993.
- Kaldawi, R.E., BAC Estimation Fold Up Pamphlet, A simple guide designed to help you estimate your blood alcohol content after drinking, Academy of Health Education Victoria, Melbourne, Copyright 1991 (revised 2003).
- Kaldawi, R.E., The effects of Alcohol on the body, Healthier Living Show, Exhibition Building, October (also available on video), Copyright 1991.
- Kaldawi, R.E., Yu, K.T. and Gould, M.K., ATP Depletion Promotes Deactivation of Insulin - Stimulated Sugar Transport in Rat Soleus Muscle Arch.Biochem.Biophys, 226, 612-617, 1983.
- Kaldawi, R.E., Yu, K.T. and Gould, M.K., Deactivation of Insulin - Stimulated Xylose Uptake by Rat Soleus Muscle: Effect of ATP Depletion, 12th International Congress of Biochemistry, Proceedings, Perth, page 131 (1982).

### **AUTHORING**

Robert is also a self-published author. His life journey enabled him to write lyrics, poetry and his auto-biography which has evolved into a dramatic representation of inspiring philosophical and socio-political considerations. For more information, please visit [arippleinthepond.com](http://arippleinthepond.com). (**Attachment 1**)